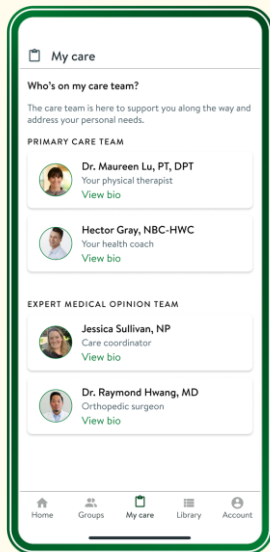


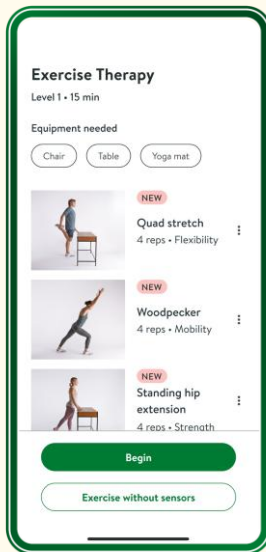
Hinge Health | Clinically complete MSK care

Delivering simple, complete and personalized care

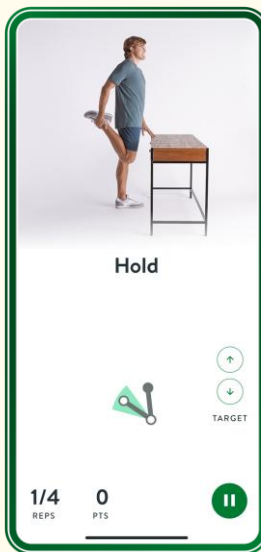
Expert care team
including PT, health coach, and surgeons



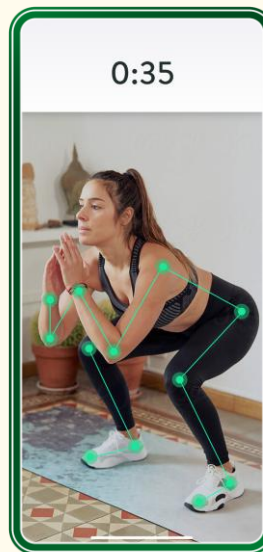
All-in-one app
Anyone, anywhere can access this care



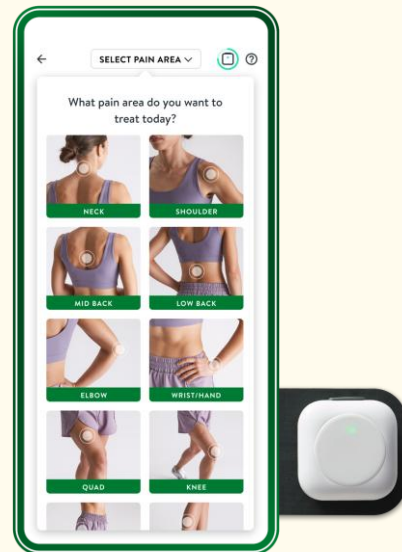
Wearable sensors
Real-time movement feedback



Computer vision
Motion tracking for full-body assessments



Hinge Health Enso
FDA cleared wearable device for everyday pain relief



Hinge Health Program Overview

Hinge Health's Digital Musculoskeletal Clinic is built to deliver the appropriate care for your members and their unique MSK needs. Hinge Health digitizes each facet of best-practice, nonoperative preventative care: exercise therapy, education, behavioral support. Our Digital MSK Clinic covers key areas and needs in the MSK care continuum:



1. **Prevention program:** Designed to help members maintain an active and healthy lifestyle personalized by job type and ensures that we support members at the right time before they get injured.
2. **Acute program:** Covers all muscle groups and joint areas, best suited for members with an acute injury such as a twisted knee or sprained ankle.
3. **Chronic MSK program:** Comprehensive digital care program designed to address chronic low back, knee, hip, shoulder and neck pain.

Each element of the programs are delivered entirely digitally:

- **Exercise Therapy:** Each 10-15 minute session includes tailored stretching and strengthening activities that are guided by wearable motion sensors
- **Behavioral Support & Coaching:** 1-on-1 coaching and Physical Therapy support
- **Education:** Every week the participant will receive new articles educating them on their condition, treatment options, and dispelling common misconceptions

If members would like to learn more about Hinge Health:

1. Visit hinge.health/resources
2. If you have additional questions, please reach out to help@hingehealth.com or to call (855) 902-2777

